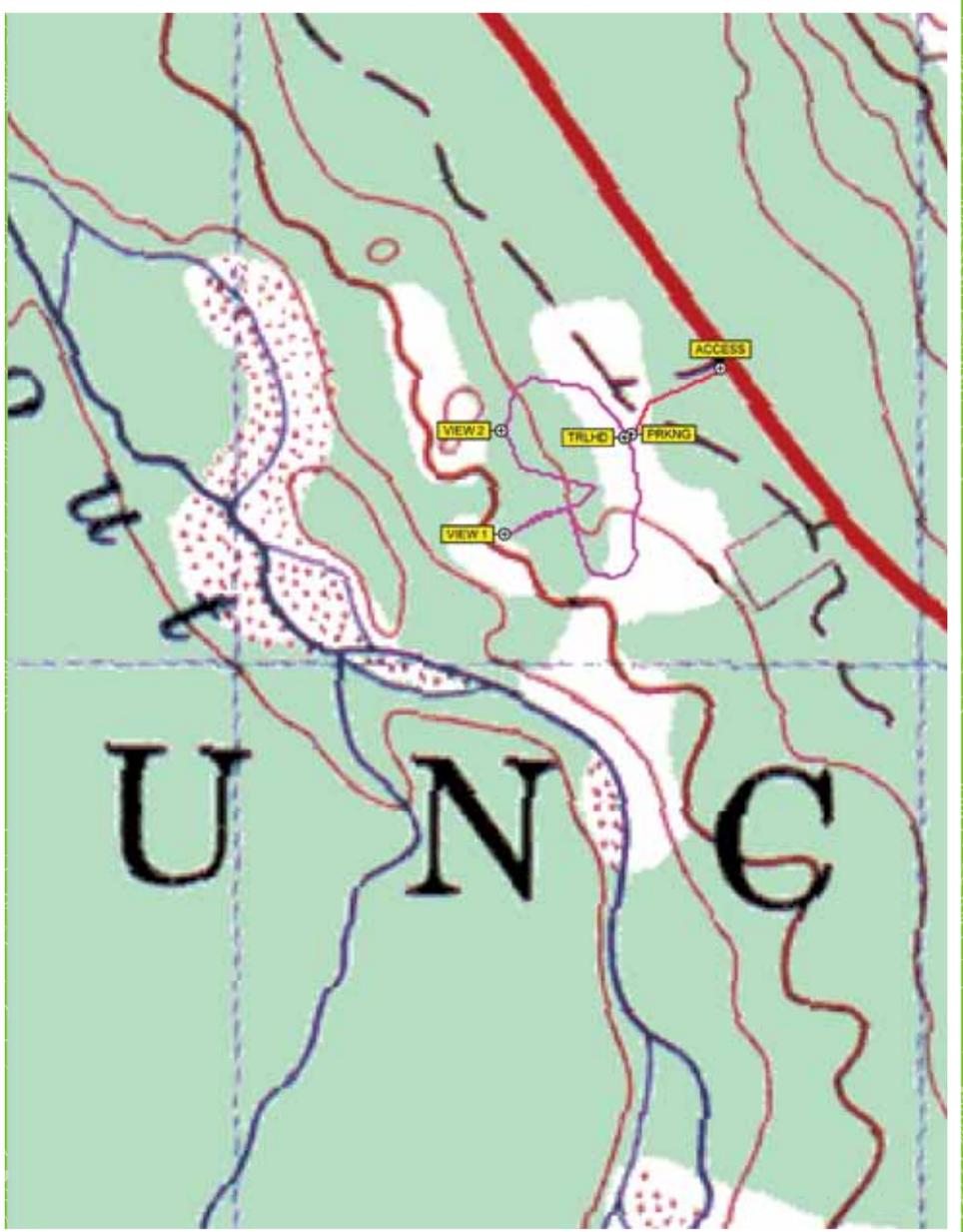


# Mineral Licks Trail



## Mineral Licks Trail



Map Reference: 94 N/4

- Length:** 1.3 kilometre round trip – allow 45 minutes return
- Difficulty:** 2 – Moderately Easy  
A downhill to the viewpoints and a longer gradual uphill back to the parking area.
- Location:** Mile 454 (km 731) of the Alaska Highway
- Approach:** The Mineral Licks trail is located in Muncho Lake Provincial Park, 275 kms northwest of Fort Nelson on the Alaska Highway and around 15 kms past the viewpoint at the north end of Muncho Lake. Parking (PRKNG) for the trail is found down a short gravel road off the left of the highway going northbound (ACCESS). Keep an eye out for the hiking and viewpoint sign to indicate where you turn off the highway. The trail can be found starting behind the trailhead kiosk (TRLHD) at the end of the parking lot.

**Trail Description:** As this trail is a loop, you can go either way from the trailhead sign in the parking area. The easiest, though, is to head towards the viewpoints to the left as it is the steeper section on the trail and is best done going downhill. The trail leads from the parking area and into the trees, meandering easily down to two viewpoints where you will see the Trout River and the white-ish river banks that are the mineral licks. The trail continues along the upper banks of the river then turns back around towards the parking lot. This section of the trail is longer but has a gentle slope throughout.

**Special Notes:** Keep an eye out for sheep and other wildlife while down at the river viewpoints, as they frequent the area to lick the minerals found in the soil. Visitors should also note that fencing is not complete along the tops of the cliffs so caution should be taken on wet days or if riding a mountain bike.

Photo by: Jennifer Johnson



Mineral Lick from Trail