

Programs

Drop-In Sports Programs

Indoor Youth Drop-In Sports

NEW!

| | | | |
|-------------|------------|----------------|--------------------------|
| Ball Hockey | Mondays | 7:00 - 8:30 pm | Secondary Arena |
| Basketball | Tuesdays | 7:00 - 8:30 pm | Primary Arena |
| Wallyball | Wednesdays | 7:00 - 8:30 pm | Wallyball (Squash) Court |
| Soccer | Thursdays | 7:00 - 8:30 pm | Secondary Arena |

Cost: Free
Dates: April 9 - June 21
Ages: 10-15 year olds

New program for youth: Drop in to the rec centre for a variety of sports! Nick, our program leader will help to organize the sport each night. All levels welcome.

Indoor Adult Drop-In Sports

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|------------|------------|----------------|----------|------------------------|
| Basketball | Mondays | 8:00 - 9:30 pm | FNSS Gym | Tyler, Austin & Calvin |
| Basketball | Tuesdays | 8:00 - 9:30 pm | FNSS Gym | Tyler, Austin & Calvin |
| Volleyball | Wednesdays | 8:00 - 9:30 pm | FNSS Gym | Gabrielle |
| Badminton | Thursdays | 8:00 - 9:30 pm | FNSS Gym | Shawn |

* Based on volunteer availability.

Cost: By Donation
Dates: April 3 - June 14
Ages: 15 years and over

