

Aquatics

Spring Pool Schedule

April 2nd - June 30th

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM		Lane Swim 6:00 - 9:00am	Swim Fit Masters (6:15-7:15am)	Lane Swim 6:00 - 9:00am	Swim Fit Masters (6:15-7:15am)	Lane Swim 6:00 - 9:00am	During the FINNS Swim Club blocks on Fridays the 25m Pool will not be available to the public.
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM	Family Swim / Lane Swim	Family Swim / Lane Swim 9:00-1:30pm	Family Swim / Lane Swim 9:00-1:30pm	Family Swim / Lane Swim 9:00-1:30pm	Family Swim / Lane Swim 9:00-1:30pm	Family Swim / Lane Swim 9:00-1:30pm	Family Swim / Lane Swim
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM	Public Swim	Public Swim 1:30- 9:00 pm	Public Swim	Public Swim 1:30 - 9:00pm	Public Swim	Public Swim 1:30 - 9:00pm	Public Swim
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM		Swim Fit Masters (7:00-8:00pm) Lap Pool open for Lane Swim 7:00 - 9:00pm	Lap Pool open for Lane Swim 7:00 - 9:00pm	Swim Fit Masters (7:00-8:00pm) Lap Pool open for Lane Swim 7:00 - 9:00pm	Lap Pool open for Lane Swim 7:00 - 9:00pm	Lap Pool open for Lane Swim 7:00 - 9:00pm	
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							

Updates, Notices & Mid-Session Changes

Good Friday	April 14th	CLOSED all day
Easter Monday	April 17th	Open Noon - 4:00pm
Victoria Day	May 22nd	Open Noon - 4:00pm

Please Note:
special attractions
such as the hot tub,
sauna, steam room,
spray features, lazy
river, diving boards
and leisure or lap
pool may be closed
sporadically during
lane, public and
family swims.

Pool Schedule is Subject to Change or Cancellation Without Notice. Please check in with us via Facebook or by phone (250.774.2541 ext 2080) for any and all updates.

Aquatics

Pool Rules & Rates

- No running, fighting, or engaging in other conduct likely to cause injury.
- Shower with warm water before entering or re-entering all pools, hot tub or saunas.
- No Diving into pool water that is less than 2 meters deep.
- Persons with open sores, bandages, head colds and discharge from the ears, eyes, nose or mouth will not be permitted in the facility.
- All children 6 and under MUST be accompanied with a responsible person 16+ (up to a max of 2 children each) and MUST remain within arm's reach at all times. This includes the Hot Tub.
- No glass containers in the facility.
- Persons under the influence of drugs or alcohol are not permitted in the facility.
- No contaminating or fouling the pool and report any contaminations or fouling to the life guards immediately.
- Eating and drinking is not permitted anywhere on the pool deck, unless it is water. Gum is not permitted while swimming.
- Patrons must wear clean and appropriate bathing attire.
- Patrons may NOT stand on kickboards underwater.
- Patrons may NOT hit the noodles or kickboards against the top of the water
- Horseplay is not permitted. (ex. Pushing others in, holding others underwater, play fighting, chicken fighting, etc.)
- Immediately report any injuries to the lifeguard.
- Patrons are encouraged to shower when moving from hot area to a pool.
- Outdoor footwear is not permitted on the pool deck. They must be placed on boot racks provided or in your locker.
- The Northern Rockies Regional Recreation Centre is not responsible for lost or stolen property.
- ONE long whistle blast means CLEAR THE POOL.
- THREE short whistle blasts mean Stop! Look! Listen!
- Bather Load: max. 500 people

Family Swim

This is a quiet time to enjoy the pool for families and adults only. During this time the pool is open to adults and their children. All children must be accompanied in the water by an adult who is their caregiver. Children 6 years and under must remain within arm's reach of a responsible adult (18+) at all times. A responsible adult can have up to a max of 2 children 6 years and under.

Children 7-15 years old must be accompanied by an adult (18+). Lifejackets are complementary to our patrons.

Lane Swim

This time is suitable for people who can swim back and forth in lanes. No diving board, slide, or large splashes, etc. Skill practice is acceptable. Age: 7+

Public Swim

During this swim the pool is open to everyone! Please be advised that special attractions such as the spray features, lazy river, waterslide, diving boards, rock wall, leisure or lap pool and all hot amenities may be closed sporadically during this time. Children 6 years and under must remain within arm's reach of a responsible adult (16+) at all times. A responsible adult (16+) can have up to a max of 2 children 6 years and under.

Swim Lessons/School Lessons

This time is for scheduled swimming lessons only. The pool is not open to the public during these times and on deck viewing is dependent on lifeguard availability. The pool will be open for a parent & tot/lane swim during morning swimming lesson blocks from 9:00-11:00 am. (As of the Summer 2016 schedule we will be open during lessons).

Parent & Tot

During this swim the pool is available for the enjoyment of parents and their children ages 6 years and under.

Please be advised that special attractions such as the spray features, lazy river, waterslide, diving boards, rock wall, leisure or lap pool and all hot amenities may be closed sporadically during this time. Children 6 years and under must remain within arm's reach of a responsible adult at all times. A responsible adult can have up to a max of 2 children 6 years and under.

Admission reflects 1 swim block	1 Month	3 Month	6 Month	1 Year	10 Use	20 Use
Child (0-6)	FREE					
Youth (7-12)	\$3.50	\$37.50	\$97.25	\$165.50	\$275.78	\$31.50
Teen (13-17)	\$4.00	\$42.75	\$110.75	\$188.25	\$314.50	\$36.00
Adult (18-59)	\$5.75	\$61.50	\$165.50	\$281.50	\$470.00	\$51.75
Senior (60+)	\$4.25	\$45.50	\$120.00	\$204.00	\$360.00	\$38.25
Couple (2 adults)		\$109.50	\$295.00	\$501.50	\$885.00	
Family (see definition)	\$12.75	\$136.25	\$387.75	\$659.25	\$1101.25	

Family Swim Pass Definition:

This pass is good for 2 adults and 2 youth/teens. If a family has more than 2 youth/teens, their option is to pay for the 5th member each time they come in or purchase a pass for the age range that they are in.

Aquatics *Pool Facts*

Did You Know (FAQ's)?

Aquatic Fitness Discount

The Aquatic Centre is pleased to announce that, effective Monday February 22nd, 2016, anyone who has purchased (or purchases) a 3 month, 6 month or 1 year membership will receive a 50% discount when they register for an aquatic fitness program, such as Aquafit or Swim-fit. The only thing you need to qualify for this great opportunity is a current valid membership! ***If you qualify for this discount, additional discounts cannot be applied.***

Clarification on Single Admission for the Aquatic Centre

Once you've paid to go swimming, you are more than welcome to stay and swim until you no longer meet the requirements for the next swim, based on the swim description. For example, if 2 youths are swimming during a public swim and it's coming to an end, with a family swim coming up next, based on the family swim description they do not meet the requirements for that swim because they do not have an adult with them. Once you leave the pool your single admission is complete for the day, if you return on the same day to swim again, you will then have to pay to enter the facility again.

Clarification on Family Access to the Aquatic Centre

A family pass is defined as 2 adults and 2 youth or teens. This pass CANNOT have more than 2 adults and must have at least 1 adult however the configuration on youth/teens can be varied:

2 adult + 2 teen	1 adult + 3 teen	2 adult + 1 teen
2 adult + 2 youth	1 adult + 3 youth	2 adult + 1 youth
2 adult + 1 teen + 1 youth	1 adult + 2 teen + 1 youth	1 adult + 2 teen
2 adult + 1 teen + 1 child	1 adult + 2 teen + 1 child	1 adult + 2 youth
2 adult + 1 youth + 1 child	1 adult + 2 youth + 1 teen	1 adults + 1 teen + 1 youth
	1 adult + 2 youth + 1 child	

The max number of people in a "family" is 4, any additional members must pay the single rate (unless they are a child in which case they are free).

Spray Features / Waterslide & Rock Wall

To ensure your swim is the most enjoyable, please feel free to ask any of the guards on shift to turn on/off any of the spray features. This includes asking them to open the waterslide or Rock Wall; they will always find a way to accommodate you the best they can.

Lifejackets & Green Belts

These are complementary to our patrons; please feel free to use these anytime during your swim.

Wheelchairs

Any patrons requiring wheelchair assistance are welcome to use our wheelchair. If you do require a wheelchair please let the Customer Service Desk know and one will be arranged for you.

Change Rooms

The family change room is for families or disabled patrons only. All other patrons must use the male or female change rooms – youth without adult supervision cannot use the family change room. Adults with medical conditions who require the assistance of an aide are permitted to use the family change room. As a courtesy to all patrons, please do not store your items (including personal wheelchairs) in the cubicles, washrooms or shower rooms.

Diapers vs. Little Swimmers

All children who are not fully potty trained must wear an approved swim diaper (ie. little swimmers, re-usable water diapers). Regular diapers are not approved for use in the pool as they are designed to absorb. In the pool, regular diapers absorb water until they burst, releasing the moisture beads into the water and causing a pool closure.

Groups

Groups of 25 or more people are required to notify us of their attendance 48 hours in advance. This allows us to ensure adequate staff is available.